



2008 ARE GRAND PRIX TRAIL SERIES

WHY THE ARE IS DOING THIS

The ARE wants to encourage trail running. With this being the fifth year of our Summer Trail Run Series and essentially all of our major events being trail races, we figured it was time to add an optional competitive component for club members to enjoy. The awards will be presented at our end of year banquet.

WHO CAN PARTICIPATE

All ARE club members who participate in Grand Prix events are considered eligible for points in that race. You must be a current member at the time of the event to earn points. If a person later joins the ARE, he/she is eligible for points only from that time forward.

DIVISIONS

Top three finishers in: 19-under, 20-39, 40-49, 50-59, 60-69, 70+ (Separate male and female categories)

SCORING

PLACE	1	2	3	4	5	6+
POINTS	6	5	4	3	2	1

At each race, points will be awarded by order of finish within each division in comparison with other club members. Note: ALL club members will receive points. If you are the 6th or later finisher in your category, you receive one point.

A participant's final score is the combination of his/her best five Grand Prix races.

To be eligible for an award, you must also volunteer at least twice at any of the following ARE events
 Dodge the Deer · Tawasentha XC Series · Hairy Gorilla · Adventure Race

2008 ARE TRAIL GRAND PRIX SCHEDULE

For more information about these events and the Grand Prix series, please visit the ARE website

1	April 20	Dodge the Deer 5k	2	May 18	Soapstone Mtn. 4m and 14.5m
3	June 25	Summer Solstice ~14k	4	July 20	ARE's Five Mile Trail Race
5	August 3	Indian Ladder 3.5m and 15k	6	August 11	Tawasentha Pk – Distance ~4m
7	October 5	Breakneck 20k	8	October 26	Hairy Gorilla Half & Squirrelly 6m
9	November 1	After the Leaves Have Fallen 20k	10	December 6	ARE Adventure Race (5-7m)